

Puducherry, Dt.31.07.2017

C I R C U L A R

Sub: DSE – Sports & Youth Services – Participation of students in the 63rd National School Games Championship 2017-18 – Selection trials for forming of Puducherry State Schools' (Boys and Girls) Teams – Intimation – Reg.

It is proposed to conduct selection trials in two phases (Phase I – Regional Level & Phase II – State Level) for forming of Puducherry State Schools' Teams (Boys & Girls) to participate in the 63rd National School Games Championship for the year 2017-18. The Regional Level Selection Trials (Phase – I) for Karaikal, Mahe and Yanam Regions will be conducted at their respective Regions on 18th August 2017. The Phase – I selection trials for Puducherry Region will be conducted at Puducherry from 17th to 23rd August 2017.

2. The State Level Selection Trials (Phase – II) will be conducted at Puducherry on 26th August 2017. The students selected in Regional Level Selection Trials (Phase – I) alone can participate in the State Level Selection Trials (Phase – II) at Puducherry.

3. The details of Discipline, Venue, Date and Time for Regional Level Selection Trials (Phase – I) for Puducherry Region and State Level Selection Trials (Phase – II) at Puducherry are as under:-

Sl. No	Name of the Discipline	Venue	Phase-I Date	Phase-II Date	Time
1.	Swimming - Under 14,17 & 19 Years (Boys and Girls)	Puducherry Swimming Centre, Murungapakkam.	18.08.2017	26.08.2017	7.00 A.M.
2.	Athletics - Under 14,17,19 Years (Boys & Girls)	I.G.S.C., Ouppalam, Puducherry.	18-08-2017 & 19-08-2017	-do-	-do-
3.	Badminton - Under 14,17 & 19 Years (Boys & Girls)	Amalorpavam Hr. Sec. School, Puducherry.	-do-	-do-	-do-
4.	Kho-Kho – Under 17 & 19 Years (Boys & Girls)	GGHSS., Kadirkamam, Puducherry.	-do-	-do-	-do-
5.	Lawn Tennis – Under 17 years (Boys & Girls)	I.G.S.C., Ouppalam, Puducherry.	-do-	-do-	-do-
6.	Roller Skating – Under 14,17 & 19 Years (Boys and Girls)	Skating Rink, Lawspet, Puducherry.	-do-	-do-	-do-
7.	Table Tennis – Under 14/17/19 Years (Boys & Girls)	Amalorpavam Hr. Sec. School, Puducherry.	-do-	-do-	-do-
8.	Volleyball - Under 17 & 19 Years (Girls)	R.G.S.S., Court, Ouppalam.	-do-	-do-	-do-
9.	Yoga - Under 14,17 & 19 Years (Boys and Girls)	Rajiv Gandhi Indoor Stadium, Ouppalam.	-do-	-do-	-do-
10.	Chess – Under 14,17,19 years (Boys & Girls)	GGHSS., Kadirkamam, Puducherry.	19-08-2017 & 20-08-2017	-do-	-do-
11.	Cricket - Under 14 Years (Boys)	Fatima HSS., Karuvadikuppam, Puducherry.	20-08-2017	-do-	-do-
12.	Football - Under 19 Years (Girls)	I.G.S.C., Ouppalam, Puducherry.	20.08.2017	-do-	9.00 A.M.

Sl. No	Name of the Discipline	Venue	Phase-I Date	Phase-II Date	Time
13.	Ball Badminton - Under 19 Years (Boys)	Petit Seminaire HSS Puducherry	21.08.2017	26.08.2017	7.00 A.M.
14.	Weightlifting - Under 17 & 19 Years (Boys & Girls)	I.G.S.C., Ouppalam, Puducherry.	21.08.2017	-do-	-do-
15.	Basketball - Under 19 Years (Boys)	-do-	21-08-2017 & 22-08-2017	-do-	-do-
16.	Basketball - Under 19 Years (Girls)	Rajiv Gandhi Indoor Stadium, Ouppalam.	-do-	-do-	-do-
17.	Carrom - Under-19 Years (Boys & Girls)	VVSR.GTHSS., Lawspet, Puducherry.	-do-	-do-	-do-
18.	Cricket - Under 17 & 19 Years (Boys)	Fatima HSS., Karuvadikuppam, Puducherry.	-do-	-do-	-do-
19.	Football - Under 17 & 19 Years (Boys)	Jeevanandam GHSS Karamanikuppam.	-do-	-do-	-do-
20.	Handball - Under 17 & 19 Years (Boys)	I.G.S.C., Ouppalam, Puducherry.	-do-	-do-	-do-
21.	Hockey - Under 17 & 19 Years (Boys), Under-19 Years (Girls)	-do-	-do-	-do-	-do-
22.	Kabaddi - Under 17 & 19 Years (Boys)	-do-	-do-	-do-	-do-
23.	Tennikoit - Under-19 Years (Boys & Girls)	-do-	-do-	-do-	-do-
24.	Volleyball - Under 17 & 19 Years (Boys)	S.A.I. Court, Ouppalam.	-do-	-do-	-do-
25.	Powerlifting- Under 17 & 19 Years (Boys & Girls)	I.G.S.C., Ouppalam, Puducherry.	22.08.2017	-do-	-do-

4. **Eligibility** : - Regular and Bonafide students studying VI Standard to XII Standard in Government and Private Schools under the control of Directorate of School Education, Puducherry are eligible to participate in the selection trials. The Private schools under CBSE pattern (Recognized by the Directorate of School Education, Puducherry) in Puducherry other than KVS & NVS are also permitted to take part in the selection trials vide G.O. No.107 dt.19th November 2012. The age group for Boys and Girls and the eligible date of birth for each category for the academic year 2017-18 is as follows:

Boys and Girls Under-19 years – born on or after 01-01-1999 & studying upto XII Std.
Boys and Girls Under-17 years – born on or after 01-01-2001 & studying upto X Std.
Boys and Girls Under-14 years – born on or after.01-01-2004 & studying upto VIII Std.

5. **Students without Aadhaar Number are not allowed to participate in the above selection trials.**

6. The Deputy Director (Secondary Education), Karaikal, the Chief Educational Officers, Karaikal, Mahe and the Delegate to Director of School Education, Yanam are requested to conduct the selection trials on **18th August 2017** in their respective Regions and send the number of student participants for State Level Selection Trials (Phase II) at Puducherry to be held on **26th August 2017** are as under:-

Puducherry-564 Students, Karaikal-75 students, Mahe-50 students and Yanam-45 students.

7. Travel expenses & refreshment charges for attending the State Level Selection Trials (Phase – II) for the indicated number of Puducherry student participants would be paid at this end.


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8. All the Heads of Institution in Puducherry region are requested to send their entries directly to the Official in charge on the dates & venues mentioned in para 3 and send the students for participation in Phase – I & Phase – II Selection Trials.

9. The Deputy Director (Secondary Education), Karaikal, the Chief Educational Officers, Karaikal, Mahe and the Delegate to Director of School Education, Yanam are requested to send the entries of the selected students from their respective regions as per the number indicated in para 6. They are also requested to send the selected students with Escort Teachers for participation in the State Level Selection Trials (Phase-II) to be held at Puducherry on 26th August 2017.

10. The selected students of the Puducherry State Schools' Teams in their respective events shall attend the coaching camp and participate in the 63rd National School Games Championship 2017-18, failing which they will be debarred from participation in any competition organized by this Directorate.

//BY ORDER OF THE DIRECTOR OF SCHOOL EDUCATION//


(M. LENINRAJ)
DEPUTY DIRECTOR
(SPORTS AND YOUTH SERVICES)

Encls.: Proforma (Entry Form) & General Instructions.

To.

1. The Heads of Institution of Middle, High and Higher Secondary Schools of Puducherry Region (Both Government and Private Schools).
2. The Assistant Director, S.A.I. Centre, Sports Authority of India, Puducherry.
3. The Principal, Rajiv Gandhi School of Sports, Ouppalam, Puducherry.
4. The Administrative Officer, PSSC., Ouppalam, Puducherry.

Copy to

1. The Deputy Director (Secondary Education), Karaikal.
2. The Deputy Director (Women), Directorate of School Education, Puducherry.
3. The Chief Educational Officers, Puducherry / Karaikal / Mahe.
4. The Delegate to Director of School Education, Yanam.

Copy submitted to:

1. The Director of School Education, Puducherry.
2. The Joint Director of School Education, Puducherry.
3. The Member Secretary, Puducherry State Sports, Ouppalam, Puducherry.

For further information please visit <http://schooledn.puducherry.gov.in>

General Instructions

1. The Head of Institutions are requested to restrict the number of students in accordance with their merit for participation in Regional level selection trials(Phase-I).
2. Any claims / objections should be represented through the Head of Institutions only.
3. Students are advised to bring their own playing kits.
4. **Students' without Aadhaar number are not allowed to participate in the selection trials.**
5. Transportation will not be arranged by the Organizers for both Phases of selection trials.
6. The other Regions' students (Karaikal, Mahe & Yanam) are advised to make their own transportation to the concerned venues during Phase-II selection trials.

Technical Instructions

(i) Athletics:

In order to facilitate the selection of Athletes, the following qualifying standard shall be followed.

Sl.	Events	U-19 (B)	U-17 (B)	U-14 (B)	U-19 (G)	U-17 (G)	U-14 (G)
1.	100 Mts.	11.0 Secs.	11.3 Secs.	11.7 Secs.	12.5 Secs.	12.8 Secs.	13.5 Secs.
2.	200 Mts.	23.0 Secs.	23.5 Secs.	24.5 Secs.	26.5 Secs.	27.0 Secs.	28.0 Secs.
3.	400 Mts.	52.0 Secs.	53.30 Secs.	55.0 Secs.	1:01.00 Secs.	1:03.0 Secs.	1:05.0 Secs.
4.	600 Mts.	-	-	1:32.0 Secs.	-	-	1:45.0 Secs.
5.	800 Mts.	02:03.0 Secs.	2:07.0 Secs.	-	2:38.0 Secs.	2:45.0 Secs.	-
6.	1500 Mts.	4:10.0 Secs.	4:20.0 Secs.	-	5:05.0 Secs.	5:10.0 Secs.	-
7.	3000 Mts.	-	9:00.0 Secs.	-	11:30.0 Secs.	-	-
8.	5000 Mts.	16:10.0 Secs.	-	-	19:30.0 Secs.	-	-
9.	Long Jump	6.70 Mts.	6.40 Mts.	6.00 Mts.	5.20 Mts.	4.90 Mts.	4.60 Mts.
10.	High Jump	1.90 Mts.	1.80 Mts.	1.70 Mts.	1.55 Mts.	1.50 Mts.	1.45 Mts.
11.	Triple Jump	14.10 Mts.	14.00 Mts.	-	11.00 Mts.	10.40 Mts.	-
12.	Shot Put	13.40 Mts.	13.40 Mts.	12.50 Mts.	10.00 Mts.	9.50 Mts.	9.00 Mts.
13.	Javelin Throw	54.00 Mts.	53.00 Mts.	-	32.00 Mts.	30.00 Mts.	-
14.	Discus Throw	40.00 Mts.	40.00 Mts.	-	31.00 Mts.	30.00 Mts.	-
15.	Pole Vault	3.30 Mts.	3.20 Mts.	-	2.50 Mts.	2.40 Mts.	-

(ii) Badminton:

Mavis 350 Nylon Shuttle cock will be provided during the selection trials.

(iii) Kabaddi:

63rd National School Games Kabaddi Selection will be held under the following weight category as approved by the School Games Federation of India.

Under-14 years		Under-17 years		Under-19 years	
Boys	Girls	Boys	Girls	Boys	Girls
51 Kg	48 Kg	57 Kg	53 Kg	65 Kg	59 Kg

(iv) Powerlifting:

63rd National School Games Powerlifting selection trials will be held under the following weight category as approved by the School Games Federation of India.

Boys Under-17 Years	Boys Under-19 Years
53, 59, 66, 74, 83, 93, 105, 120, +120	53, 59, 66, 74, 83, 93, 105, 120, +120
Girls Under-17 Years	Girls Under-19 Years
43, 47, 52, 57, 63, 72, 84, +84	43, 47, 52, 57, 63, 72, 84, +84

(v) Roller Skating:

Selection Trials will be held for Quad and Inline Races only.

(vi) Swimming:

In order to facilitate the selection of Swimmers, the following qualifying standard shall be followed.

Sl.	Events	U-19 (B)	U-17 (B)	U-14 (B)	U-19 (G)	U-17 (G)	U-14 (G)
		Minutes:Seconds.Micro seconds					
1.	50 Mts. Free Style	27.11	27.20	28.91	33.81	32.20	32.89
2.	50 Mts. Butterfly	28.19	28.82	31.52	38.46	37.89	35.02
3.	50 Mts. Breast Stroke	34.95	34.22	37.54	40.94	41.80	41.09
4.	50 Mts. Back Stroke	32.54	32.57	34.96	41.83	38.51	37.96
5.	100 Mts. Free Style	59.77	1:02.18	1:06.67	1:11.73	1:11.17	1:12.78
6.	100 Mts. Butterfly	1:03.80	1:04.15	1:17.15	1:22.30	1:21.50	1:25.02
7.	100 Mts. Breast Stroke	1:14.74	1:16.97	1:25.95	1:31.21	1:32.22	1:30.61
8.	100 Mts. Back Stroke	1:09.66	1:10.93	1:22.31	1:33.10	1:23.04	1:27.85
9.	200 Mts. Ind. Medley	2:29.92	2:35.91	2:58.63	3:09.06	3:05.07	3:02.88
10.	200 Mts. Free Style	2:16.25	2:18.26	2:21.40	2:43.04	2:42.55	2:38.64
11.	200 Mts. Butterfly	2:38.62	2:47.55	2:54.42	3:18.79	3:56.74	2:58.54
12.	200 Mts. Breast Stroke	2:52.83	2:45.38	3:02.50	3:21.12	3:17.13	3:15.65
13.	200 Mts. Back Stroke	2:31.12	2:38.14	2:52.91	3:02.94	3:07.28	3:02.02
14.	400 Mts. Free Style	4:46.08	4:57.32	5:06.46	5:45.03	5:35.73	5:37.02
15.	400 Mts. Ind. Medley	5:29.54	5:47.92	-	7:46.16	6:39.78	-
16.	800 Mts. Free Style	-	10:01.85	-	11:36.34	-	-
17.	1500 Mts. Free Style	19:19.49	-	-	-	-	-
18.	4x100 Mts. Medley Relay	4:11.67	4:23.51 (third place)	4:56.45 (third place)	5:05.29 (third place)	5:16.20 (third place)	5:22.71 (third place)
19.	4x100 Mts. Free Style Relay	3:53.44	3:59.82 (third place)	4:17.34 (third place)	4:36.18 (third place)	4:42.06 (third place)	4:44.32 (third place)

(vii) Weightlifting:

63rd National School Games Weightlifting Selection trials will be held under the following weight category as approved by the School Games Federation of India.

Boys Under-17 Years	Boys Under-19 Years
-50, -56, -62, -69, -77, -85, -94, +94 Kg.	-56, -62, -69, -77, -85, -94, -105, +105 Kg.
Girls Under-17 Years	Girls Under-19 Years
-44, -48, -53, -58, -63, -69, +69 Kg.	-48, -53, -58, -63, -69, -75, +75 Kg.

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(viii) YOGASANAS:

63rd National School Games Yogasanas selection trials will be held as approved by the School Games Federation of India.

List of Asanas to be performed:


1. Paschimotanasana 2. Sarvangasana 3. Matsyasana 4. Dhanurasana 5. Ardha Matsyendrasana
6. Uttan Padasana 7. Chakrasana 8. Kukutasana 9. Shrisasana 10. Bakasana 11. Bhumasana
12. Puma Shalabhasana 13. Sankhyasana 14. Vyagrashana 15. Urdhiva Kukutasana
16. Utith Titibhasana 17. Padama Mayurasana 18. Utith Padhustasana.

In addition to this, two any other Asanas of the participants' choice must be performed.

Dress Code: Track suits will not be allowed while performing Asanas. Slacks, Shorts or Swimming Costumes are compulsory during the performance of Asanas. Participants are strictly instructed to put on tight underwear with elastics. All participants must bring their own Yoga Mat.

Entries are restricted to a maximum number of students for each school irrespective of Team / Individual events are as follows:

Sl. No	Name of the Discipline	Maximum Number of Entries Per School
1.	Athletics - Under 14, 17 & 19 Years (Boys & Girls)	3 Students (in each event/category)
2.	Badminton - Under 14, 17 & 19 Years (Boys & Girls)	5 Students (in each category)
3.	Ball Badminton - Under 19 Years (Boys)	8 Students
4.	Basketball - Under 19 Years (Boys & Girls)	12 Students (in each category)
5.	Carrom - Under-19 Years (Boys & Girls)	5 Students (in each category)
6.	Chess - Under 14, 17 & 19 years (Boys & Girls)	5 Students (in each category)
7.	Cricket - Under 17 & 19 Years (Boys)	16 Students (in each category)
8.	Football - Under 17 & 19 Years (Boys) & Under 19 Years (Girls)	18 Students (in each grade/category)
9.	Handball - Under 17 & 19 Years (Boys)	12 Students (in each category)
10.	Hockey - Under 19 Years (Boys & Girls) and Under 17 years (Boys)	18 Students (in each category)
11.	Kabaddi - Under 17 & 19 Years (Boys)	12 Students (in each category)
12.	Kho-Kho - Under-17 & 19 Years (Boys & Girls)	12 Students (in each grade/category)
13.	Lawn Tennis - Under 17 years (Boys & Girls)	5 Students (in each category)
14.	Powerlifting - Under 17 & 19 Years (Boys & Girls)	3 Students (in each event/category)
15.	Roller Skating - Under 14, 17 & 19 Years (Boys and Girls)	3 Students (in each event/category)
16.	Swimming - Under 14, 17 & 19 Years (Boys and Girls)	3 Students (in each event/category)
17.	Table Tennis - Under 14, 17 & 19 Years (Boys & Girls)	5 Students (each category)
18.	Tennikoit - Under-19 Years (Boys & Girls)	5 Students (each category)
19.	Volleyball - Under 17 & 19 Years (Boys & Girls)	12 Students (in each category)
20.	Weightlifting - Under 17 & 19 Years (Boys & Girls)	3 Students (in each event/category)
21.	Yoga - Under 14, 17 & 19 Years (Boys & Girls)	5 Students (in each grade/category)


DEPUTY DIRECTOR
(SPORTS AND YOUTH SERVICES)

LIST OF GAMES, GRADE & CATEGORY

63rd National School Games Championship 2017-18

SL. NO.	DISCIPLINE	GRADE	BOYS / GIRLS
1.	Athletics	Under – 14/17/19 Years	Boys & Girls
2.	Badminton	Under – 14/17/19 Years	Boys & Girls
3.	Ball Badminton	Under – 19 Years	Boys
4.	Basketball	Under – 19 Years	Boys & Girls
5.	Carrom	Under 19 years	Boys & Girls
6.	Chess	Under 14/17/19 years	Boys & Girls
7.	Cricket	Under – 14/17/19 Years	Boys
8.	Football	Under – 17 & 19 Years	Boys
		Under – 19 Years	Girls
9.	Handball	Under – 17 & 19 Years	Boys
10.	Hockey	Under – 17 & 19 Years	Boys
		Under – 19 Years	Girls
11.	Kabaddi	Under – 17 & 19 Years	Boys
12.	Kho-Kho	Under – 17 Years	Boys & Girls
		Under – 19 Years	Boys & Girls
13.	Lawn Tennis	Under – 17 Years	Boys & Girls
14.	Powerlifting	Under – 17&19 Years	Boys & Girls
15.	Roller Skating	Under – 14/17/19 Years	Boys & Girls
16.	Swimming	Under – 14/17/19 Years	Boys & Girls
17.	Table Tennis	Under – 14/17/19 Years	Boys & Girls
18.	Tennikoit	Under 19 years	Boys & Girls
19.	Volleyball	Under – 17 Years	Boys & Girls
		Under – 19 Years	Boys & Girls
20.	Weightlifting	Under – 17 & 19 Years	Boys & Girls
21.	Yoga	Under – 14/17/19 Years	Boys & Girls


DEPUTY DIRECTOR
(SPORTS AND YOUTH SERVICES)

63rd NATIONAL SCHOOL GAMES - SELECTION TRIALS 2017-18

PROFORMA

(SEPARATE PROFORMA FOR EACH GRADE & EACH DISCIPLINE) – KARAIKAL, MAHE & YANAM REGIONS

Forms for sponsoring students for Selection Trials in the disciplines of “ATHLETICS, BADMINTON, BALL BADMINTON, BASKETBALL, CARROM, CHESS, CRICKET, FOOTBALL, HANDBALL, HOCKEY, KABADDI, KHO-KHO, LAWN TENNIS, POWERLIFTING, ROLLER SKATING, SWIMMING, TABLE TENNIS, TENNIKOIT, VOLLEYBALL, WEIGHTLIFTING & YOGA”.

Name of the Region :

Game/ Event :

Category: Boys / Girls

Grade:

Under – 14 / 17 / 19 Years

Sl. No.	Name of the student	Name of the Father	School Address with Pin Code	Contact Number	Class	Admission Number	*Aadhaar Number	Date of Birth

***Students without Aadhaar Number are not allowed to participate in the selection trials.**

Certified that the above listed participants are Bonafide students of this Institution and the date of birth mentioned against their names are correct as per the school records.

Signature of the Lecturer (PE) / P. E. T.

SEAL :

Signature of the Head of Institution